

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review
Review Date: January 2008

Somethin' to Talk About Video Series: Watcha Gonna Do? (2005)

DVD/VHS (30 Minutes for the Video Series)

Target Audience: Ages 14-18

Cost: \$50.00 plus shipping

Distributor: Teens P.A.C.T. (Positive Actions and Choices for Teens),

Community Healthcare Network, Teen Video Ordering Department

79 Madison Avenue, New York, NY 10016 • 212.545.2449 • <http://chnnyc.org/services/pact/video.php>

The Minnesota Sexuality Education Resource Review Panel **Does Not Recommend** use of this video for the following reasons and with the following reservations:

Review Summary

The *Somethin' to Talk About* video series was created by peer educators in NYC to address high rates of unintended pregnancy and sexually transmitted diseases. Peer Educators were trained in sexuality education and theatre improvisation techniques to create the videos. The video *Watcha Gonna Do?* addresses some of the myths about how pregnancy occurs and raises awareness about emergency contraception through the experience of a young couple.

The panel **does not recommend** the video *Watcha Gonna Do* for the following reasons:

- Information provided was inaccurate, incomplete and misleading.
- Myths were not appropriately corrected by facilitator. Very confusing.
- Video lacked a clear focus. "Delivered 100 different messages all in different ways."
- Video and guide did not adequately address social pressures and communication.
- Video was poor quality including out of date graphics and ineffective facilitation/narration.

The panel recognizes the following positive aspects of the video *Watcha Gonna Do?*:

- Some activities and information shared in the guide were okay. However, panel members thought this would require an experienced teacher with a lot of time to make a good lesson out of this material.

Overall, the panel **does not recommend** the video *Watcha Gonna Do?* for any audience.

Whatcha Gonna Do? (2005)

Assessment Criteria	Mean Score	Comments
Accuracy of Information - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc.	1.6	<ul style="list-style-type: none"> Very limited. Information/facts began to be explained but not completely; some items needed more elaboration. Emergency contraception information was not accurate. Guide was out of date. Facilitator was very confusing and guide and facilitator gave different information (neither accurate regarding how birth control works.)
Focus - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc.	1.8	<ul style="list-style-type: none"> Focus was all over the place. Reproductive health overview but not necessarily complete or correct. Focus on EC/ how to use a condom...not very informative. Too many topics – EC, condoms, myths about sex, are you ready for sex- way too brief.
Messages - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways.	1.5	<ul style="list-style-type: none"> “What is it that I really want” is main message, I think. Unclear, inconsistent and shaming. Delivered 100 different messages all in different ways.
Addresses Social Pressures – Video demonstrates social pressures that influence sexual behavior.	1.3	<ul style="list-style-type: none"> No social pressure, just myth/fact activity.
Guide includes activities that address social pressures that influence sexual behavior.	1.1	
Communication Skills – Video provides examples of being assertive, using negotiation and refusal skills, making decisions, etc.	1.3	<ul style="list-style-type: none"> Facilitator tried to do this and failed. They tried not very successfully. The piece about “being ready” was OK but limited. Not many examples.
Guide includes activities to practice assertive skills, negotiation and refusal skills, decision-making skills, etc.	1.3	
Teaching Methods - Engages participants and helps them personalize information	1.5	<ul style="list-style-type: none"> Not interesting, relevant or engaging for teens or adults (too much lecture). One good scene: Young people scene of what happens after a condom broke.
Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.)	1.6	<ul style="list-style-type: none"> Relevant topic, boring video. Video would lose them long before you could do any active learning.
Multicultural Perspective – This resource is most appropriate for the following audiences.		<ul style="list-style-type: none"> Not very good. Asian person depicted as not very smart – not knowing what contraception was.
Teacher-Friendly - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	1.4	<ul style="list-style-type: none"> The guide had no connection to the video. Guide should help an educator facilitate the discussion in their classroom. Very confusing and hard to follow.
Facilitation Skills Required - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> Panel recommends strong content knowledge and facilitation skills. Lots of information needs to be corrected or completed.
Presentation Quality – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.) ?	1.4	<ul style="list-style-type: none"> Facilitator in video not engaging. Video boring, poorly produced, and inaccurate. Graphics of anatomy were bad.
Overall Recommendation		<ul style="list-style-type: none"> Recommend Highly -0 Recommend –0 Reject – 13