

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

November 2008

Urban Improv: Adolescent Sexuality (2004)

Format: DVD

Target Audience: Stated audience: Ages 12-21

Recommended by panel:(10th -12th Grade & Professionals)

Cost: \$149.95

Distributor: Northwest Media, Inc.

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The Minnesota Sexuality Education Resource Review Panel **Does not recommend** use of this video for the following reasons and with the following reservations:

Review Summary:

Urban Improv: Adolescent Sexuality is a violence prevention program that employs improvisation to teach youth value clarification, impulse control, and decision-making. The program address issues of adolescent sexuality including adolescent pregnancy, exposure to STIS and HIV/AIDS, and sexual harassment.

The panel **does not recommend** the **Urban Improv: Adolescent Sexuality** for the following reasons:

- Covers a broad spectrum of issues, but lacks definition, information or explanation of the issue
- Addresses skills, but does not support skill building and development

The panel appreciates the following elements of **Urban Improv: Adolescent Sexuality**:

- Has possibility to start discussions on sensitive issues
- Promotes improvisation/role-play in the classroom

Overall, the panel **does not recommend** the **Urban Improv: Adolescent Sexuality** for use as a sexuality education resource.

**Note: Panel only reviewed Adolescent Sexuality portion of the Urban Improv video. Video also includes sections on Violence and Conflict Resolution and Bystander Issues and Bullying.*

| Assessment Criteria | Mean Score (1-5) | Additional Information |
|---|------------------|---|
| Information is medically accurate and presented using the correct terminology | 2.1 | <ul style="list-style-type: none">• Information included in video was not medically accurate; it was not the overall intent of material. |
| Focuses on clear health goals: prevention of STI, HIV and/or pregnancy | 2.6 | <u>This resource focused on:</u> Pregnancy, Sexual violence, Relationships |
| Does the material guide participant or learner to acquire new skills? | 2.1 | <u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none">• Problem solving/Conflict resolution• Decision making• Assertiveness |

| | | |
|---|--------------------------------|---|
| Does this resource address multiple factors affecting sexual behaviors | 2.8 | <p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u></p> <ul style="list-style-type: none"> • Knowledge, including knowledge of sexual issues, HIV, other STI and pregnancy (including methods of prevention) • Personal values about sex and abstinence • Perception of peer norms about sex and perception of peer sexual behavior • Intention to abstain from sex or to restrict frequency of sex or number of sexual partners • Communication with parents or other adults about sex, condoms or contraception |
| Create a safe social environment for youth to participate | 2.0 | <ul style="list-style-type: none"> • Tools are not included to assist the teacher/facilitator, in creating a safe space for participants if a challenging discussion occurs. |
| Employs instructionally sound teaching methods and activities that engage learners | 2.5 | <p><u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> • Class discussions • Small group work • Role plays • Student centered activities |
| Target audience | 10 – 12 grades Professional | <p><u>The panel feels that the following people group and/or demographic area were considered in this resource:</u></p> <ul style="list-style-type: none"> • Race/Ethnicity: African-American, Asian, Latino • GLBTQ • Urban |
| Cultural & developmentally appropriate | 2.3 | <ul style="list-style-type: none"> • Video is not appropriate for students from 5th –8th grades • Adults acting as adolescents, may keep young people from relating to material |
| Organization of resource | 2.6 | <p><u>The panel finds the resource:</u></p> <ul style="list-style-type: none"> • Covers topic(s) in a logical sequence • Is not well organized with clear, thorough instructions or discussion guide • Requires assembly and preparation time |
| Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively? | | <ul style="list-style-type: none"> • Requires leader with strong content knowledge and group skills |
| Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc. | 2.4 | <ul style="list-style-type: none"> • Dialogue was out of sync with movement in video. • Appreciated the pauses in the video to have participants react to situations. |
| Overall Recommendation | | <ul style="list-style-type: none"> ▪ Recommend Highly - 0 ▪ Recommend - 0 ▪ Recommend with Reservations - 5 ▪ Reject - 14 |

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