

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: March 2007

Scott & White Worth the Wait (2003)

Curriculum

Target Audience: 6th Grade

Cost: \$250.00 plus shipping

Distributor: Scott & White Worth the Wait®

2401 S. 31st Street, SLAB 109, Temple, TX 76508 • 254.724.7359 • www.worththewait.org

The Minnesota Sexuality Education Resource Review Panel **Does Not Recommend** use of this curriculum for the following reasons and with the following reservations:

Review Summary:

The *Scott and White Worth the Wait* curriculum focuses on abstinence only until marriage education. Authors state that the curriculum is designed as an all-inclusive unit founded on the medical, legal, psychological and socioeconomic information regarding teen sexual activity. The curriculum was developed to empower adolescents with the information to help them establish stable, loving and healthy relationships as married adults. The panel found these statements and the curriculum to be misleading, non-inclusive and limiting.

The panel does not recommend *Scott and While Worth the Wait* for the following reasons:

- Provides inaccurate and outdated information.
- Missing important information (e.g. female anatomy) and skill-building activities (e.g. how do you implement abstinence).
- Focuses on fear-based strategies and sex negative messages to promote abstinence-until-marriage.
- Includes no inclusive messages, resources or scenarios for GLBT students.
- Activities are not interactive and would not engage to think critically or personalize information.
- Curriculum format is text heavy and not visually appealing.

The panel recognizes the following positive aspects of *Scott and While Worth the Wait*:

- Curriculum is relatively easy to follow.
- Provide one consistent (although not clearly defined) message “sex outside of marriage is bad.”
- Activities to consider: *note card activity* encourages questions from students and the *parent-child communication exercises* would be a valuable exercise to encourage parent-child interaction.

Overall, the panel **does not recommend** the *Scott and White Worth the Wait* curriculum. Panel members conclude that in addition to the above stated comments, the curriculum is too advanced and provides too much detail for the intended 6th grader audience. Although the panel did find positive aspects of the curriculum, as a whole, they did not recommend the curriculum for use as a sexuality education resource.

Scott and White Worth the Wait (2003)

Assessment Criteria	Mean Score	Comments
Accuracy of Information - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc.	2.2	<ul style="list-style-type: none"> ▪ Basic reproductive anatomy information missing. Omits female external genitalia. ▪ Information about STD's is out of date and HIV information vague. ▪ Inaccurate information (e.g. emphasis on piercing and tattoos as risky behaviors and broken hearts are listed as a consequence of teen sexual behavior.) ▪ Abstinence is the only method to prevent pregnancy and STD's.
Focus - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc.	2.1	<ul style="list-style-type: none"> ▪ Focus is abstinence until marriage. ▪ Does not promote sexual health, only ways to avoid sex. Does not address those having sex or ways to prevent HIV/STD'S.
Messages - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways.	3.5	<ul style="list-style-type: none"> ▪ Consistent and reinforced message – remain abstinent until married. ▪ Fear-based and negative messages about sexuality. ▪ Negative messages about adolescents. ▪ Sexual abuse messages were confusing and outdated.
Addresses Social Pressures - Includes activities that address social pressures that influence sexual behavior.	2.1	<ul style="list-style-type: none"> ▪ Addresses social pressures in a limited and incomplete manner. Activities are very basic. ▪ Discusses role of media, but no skill-building activities provided.
Communication Skills - Provides examples of and practice with being assertive, using negotiation and refusal skills, making decisions, etc.	1.5	<ul style="list-style-type: none"> ▪ Limited skill-building activities included in curriculum (i.e. role-plays, refusal skills, and age-appropriate scenarios).
Teaching Methods - Employs a variety of teaching methods designed to involve participants and have them personalize the information.	2.3	<ul style="list-style-type: none"> ▪ Includes some parent involvement activities. ▪ Not skill-based. Mostly lecture. Limited opportunity to practice skills or engage students.
Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.)	1.8	<ul style="list-style-type: none"> ▪ Varied. Some of the information may be too technical for 6th graders yet too simple at other times. ▪ Inconsistent. Would have to pick and choose activities for varied grades and abilities.
Multicultural Perspective - This resource is most appropriate for the following audiences.		<ul style="list-style-type: none"> ▪ Not inclusive for varied cultural backgrounds or GLBT students and families or single-parent families. (e.g. Definitions if sexual behavior are heterosexist. Youth from single parent families or unmarried parents may feel shamed by the language used). ▪ Focused on stereotypical gender roles.
Teacher-Friendly - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	3.4	<ul style="list-style-type: none"> ▪ Curriculum format and activities easy to follow. Tells teachers exactly what to say. ▪ Easy to use, but needs a good leader to make it all meaningful.
Facilitation Skills Required - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> ▪ Need strong facilitator. Students would ask lots of questions due to curriculum limitations. ▪ Have to adapt information for accuracy and audience appropriateness.
Presentation Quality - How appealing is the product (e.g. visual quality, sound quality, graphics, etc)?	1.8	<ul style="list-style-type: none"> ▪ Text heavy & visually dull.
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 0 ▪ Recommend - 0 ▪ Reject -18