

## Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – April 2009

### **Safe DATES:** An Adolescent Dating Abuse Prevention Curriculum (2004)

<b>Format:</b>	Curriculum
<b>Target Audience:</b>	Stated audience: Middle and High School Recommended by panel: Middle and High School
<b>Cost:</b>	\$215.00
<b>Distributor:</b>	Hazelden P.O. Box 266, Center City, MN 55102 • 800.328.9000 • <a href="http://www.hazelden.org/bookstore">www.hazelden.org/bookstore</a>

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The Minnesota Sexuality Education Resource Review Panel **Recommends** use of this curriculum for the following reasons and with the following reservations:

#### Review Summary:

The **Safe DATES: An Adolescent Dating Abuse Prevention Curriculum**, is nine sessions, that can be delivered in as few as four sessions and is highly engaging and interactive. According to Hazelden the resource includes a Scope and Sequence and links to national academic standards; a pre - and post- evaluation tool; parent materials and a training outline for enlisting support from school staff or community youth organizations. Safe dates is the only research-based curriculum of its kind; it helps young people recognize the difference between healthy, caring and supportive relationships and controlling, manipulative and abusive dating relationships.

The panel **recommends** the **Safe DATES: An Adolescent Dating Abuse Prevention Curriculum** for the following reasons:

- Curriculum helps young people understand the concept of healthy relationship and gives tools to recognize unhealthy relationships.
- Includes starting group with ground rules and provides ample space for discussion.

The panel has concerns about the following elements of **Safe DATES: An Adolescent Dating Abuse Prevention Curriculum**:

- Curriculum excludes GLBT issues and young people.
- Statistics are outdated.
- Resource should include content around cyber-bullying and dating.

Overall, the panel **recommends** the **Safe DATES: An Adolescent Dating Abuse Prevention Curriculum** for use as a sexuality education resource.

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Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	3.6	<ul style="list-style-type: none"><li>• Statistics included in resource are outdated</li><li>• No medical information included in resource</li><li>• Language included about Adolescent Dating Violence is helpful</li></ul>
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.4	<u>This resource focused on:</u> Sexual violence & Relationships

Does the material guide participant or learner to acquire new skills?	4.3	<p><u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u></p> <ul style="list-style-type: none"> <li>• Problem solving/Conflict resolution</li> <li>• Decision making</li> <li>• Respect</li> <li>• Assertiveness</li> </ul>
Does this resource address multiple factors affecting sexual behaviors	2.4	<p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u></p> <ul style="list-style-type: none"> <li>• Perception of peer norms about sex and perception of peer sexual behavior</li> <li>• Actual avoidance of places and situations that might lead to sex</li> </ul>
Create a safe social environment for youth to participate	3	<ul style="list-style-type: none"> <li>• Respectfully addresses sexual assault</li> <li>• Adaptations may need to be considered to include GLBT issues and young people</li> <li>• Resource provides excellent ways for students to participate</li> </ul>
Employs instructionally sound teaching methods and activities that engage learners	4.6	<p><u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> <li>• Short lectures</li> <li>• Class discussions</li> <li>• Small group work</li> <li>• Role plays</li> <li>• Student centered activities</li> <li>• Forced-choice activities</li> <li>• Surveys of attitudes and intentions</li> <li>• Problems-solving activities</li> <li>• Worksheets</li> <li>• Homework assignments to talk with partner or other adults</li> </ul>
Target audience	5 – 6 grades 7 – 9 grades	<p><u>The panel feels that the following people group and/or demographic area were considered in this resource:</u></p> <p>Race/Ethnicity: Latino and African-American Rural Urban Suburban</p>
Culturally and developmentally appropriate	2.7	
Organization of resource	4.2	<p><u>The panel finds the resource:</u></p> <ul style="list-style-type: none"> <li>• Does covers topics in a logical sequence</li> <li>• Is well organized with clear and thorough instructions</li> <li>• Requires minimal assembly and minimal preparation time</li> </ul>
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> <li>• Requires leader with strong content knowledge and group skills</li> </ul>
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	3.8	<ul style="list-style-type: none"> <li>• Curriculum is useful, but may be more appealing if a video was included.</li> </ul>
<b>Overall Recommendation</b>		<ul style="list-style-type: none"> <li>▪ <b>Recommend Highly - 3</b></li> <li>▪ <b>Recommend - 7</b></li> <li>▪ <b>Recommend with Reservations - 5</b></li> <li>▪ <b>Reject - 1</b></li> </ul>