

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – June 2008

The RealCare Parenting Program Manual (2007)

Format: Manual
Target Audience: Stated audience: Grades 8 - 12
Recommended by panel: 10th - 12th grade
Cost: \$935.00 for kit (curriculum, baby and software)

Distributor:

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The Minnesota Sexuality Education Resource Review Panel **Does not recommend** use of this manual for the following reasons and with the following reservations:

Review Summary:

The RealCare Parenting Program Manual is a school-based curriculum that incorporates lessons on the financial responsibility of parenthood, infant development and health needs, and readiness to be a parent. When combined with a baby infant simulator and software program, the manual is used as a tool to help students make informed decisions about parenting while learning hands-on with a realistic life-like infant.

The panel **does not recommend** *The RealCare Parenting Program Manual* for the following reasons:

- Has merit in child development but does not work for adolescent pregnancy prevention.
- Judgmental of adolescent parents and children of adolescent parents.
- Lacks the education of skills to avoid adolescent pregnancy.

The panel appreciates the following elements of *The RealCare Parenting Program Manual*:

- Provides good information on infant safety.
- Discusses parenting in different cultures.
- Provides math exercises based on real life examples.

Overall, the panel **does not recommend** *The RealCare Parenting Program Manual* for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	2.7	<ul style="list-style-type: none">• Curriculum uses some incorrect terminology.
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	2.0	<u>This resource focused on:</u> Growth and development
Does the material guide participant or learner to acquire new skills?	2.9	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none">• Problem solving/Conflict resolution• Parenting Skills

Does this resource address multiple factors affecting sexual behaviors	1.0	<p>According to the panel, this resource addresses the following factor(s) that affect sexual behavior(s):</p> <ul style="list-style-type: none"> The panel unanimously agreed that this resource did not address factors to affect sexual behavior, and that the program is more appropriate for child development and/or parenting classes.
Create a safe social environment for youth to participate	1.8	<ul style="list-style-type: none"> Not safe for teen parent, or child of a teen parent.
Employs instructionally sound teaching methods and activities that engage learners	2.9	<p>The panel recognizes that the following elements are present in this resource as a way to engage learners:</p> <ul style="list-style-type: none"> Short lectures Class discussions Small group work Role plays Student centered activities Surveys of attitudes and intentions Problems-solving activities Worksheets
Target audience	7 – 9 grades 10 – 12 grades Parent(s)	<p>The panel feels that the following people group and/or demographic area were considered in this resource: Race/Ethnicity: Multiple ethnicities are recognized Suburban</p>
Cultural & developmentally appropriate	2.2	<ul style="list-style-type: none"> Appropriateness is dependent on how materials are used.
Organization of resource	1.4	<p>The panel finds that the resource:</p> <ul style="list-style-type: none"> Does not cover topics in a logical sequence. Is not well organized with clear and thorough instructions. Requires more than minimal assembly and significant preparation time is required.
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> Requires leader with strong content knowledge and group skills.
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	2.6	<ul style="list-style-type: none"> Infant simulator is appealing. Curriculum is text heavy and tedious.
Overall Recommendation		<ul style="list-style-type: none"> Recommend Highly - 0 Recommend - 0 Recommend with Reservations - 0 Reject - 17

Review Summary of *The RealCare Parenting Program Manual (2007)*