

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: May 2007

Peer to Peer: Stop, Think, Be Safe (2003)

DVD/VHS (24 Minutes)

Target Audience: Stated Audience: Grades 7-12
Recommended by panel: Grades 7-10

Cost: \$139.95 plus shipping

Distributor: Human Relations Media

41 Kensico Drive, Mount Kisco, NY 10549 • 800.431.2050 • www.hrmvideo.com

The Minnesota Sexuality Education Resource Review Panel **Recommends** use of this video for the following reasons and with the following reservations:

Review Summary:

The video *Peer to Peer: Stop, Think, Be Safe* is intended to be a STD intervention/prevention program for African American teens. The video is designed to educate youth about STD's and reduction of risk behaviors. Teacher's guide is included in the cost.

The panel recommends the video *Peer to Peer: Stop, Think, Be Safe* for the following reasons:

- Information is mostly accurate with the exception of "vague" descriptions of reproductive systems and inaccurate descriptions of condoms (e.g. "rubbery plastic").
- Focused and repeated messages regarding STD prevention including use of abstinence and condoms.
- Provides realistic scenarios that model communication between friends and siblings.
- Includes messages regarding the impact of drugs and alcohol on decision-making.

The panel expressed the following concerns about the video *Peer to Peer: Stop, Think, Be Safe*:

- Should include modeling of communication with partners and supportive adults.
- Communication modeling was emphasized for the young women and not the young men.
- Quality of the video was outdated.

Overall the panel **recommends** the video *Peer to Peer: Stop, Think, Be Safe*. Panel members conclude that although the presentation quality of the video was only fair, it would be a good video to emphasize STD prevention. A skilled facilitator is recommended to provide more detailed information and lead follow-up discussion.

Peer to Peer: Stop, Think, Be Safe (2003)

Assessment Criteria	Mean Score	Comments
Accuracy of Information - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc.	3.7	<ul style="list-style-type: none"> ▪ Accurate information although out of date on some points. ▪ A lot of good information. ▪ Guide is somewhat vague and uses uncommon definitions (e.g. condoms and reproductive systems).
Focus - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc.	3.8	<ul style="list-style-type: none"> ▪ Focused on STD prevention. ▪ Video focuses on condoms until the end when the young woman chooses abstinence.
Messages - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways.	3.9	<ul style="list-style-type: none"> ▪ Be abstinent or use condoms. Includes condom demonstration. ▪ Talked about 3 types of sex: oral, anal, and vaginal.
Addresses Social Pressures –Video demonstrates social pressures that influence sexual behavior.	4.4	<ul style="list-style-type: none"> ▪ Addresses pressures surrounding alcohol/drug use. Includes impact of alcohol on decision-making.
Guide includes activities that address social pressures that influence sexual behavior.	4.0	
Communication Skills – Video provides examples of being assertive, using negotiation and refusal skills, making decisions, etc.	3.1	<ul style="list-style-type: none"> ▪ Good modeling of communication between siblings and friends but not between partners or supportive adults. Communication skills presented only for female character, not male. ▪ Female actress was not assertive. ▪ Would have liked to see refusal skills.
Guide includes activities to practice assertive skills, negotiation and refusal skills, decision-making skills, etc.	3.6	
Teaching Methods - Engages participants and helps them personalize information	3.5	<ul style="list-style-type: none"> ▪ Guide includes a variety of activities. ▪ Narrator asked questions of audience.
Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.)	2.9	<ul style="list-style-type: none"> ▪ Perhaps better for a younger audience 7-10 grade. The characters seemed really young. ▪ Teens would like it. Used peers to peers messaging.
Multicultural Perspective – This resource is most appropriate for the following audiences.		<ul style="list-style-type: none"> ▪ Use “ partner” in the video and mention sexual orientation in the guide, but the video only portrays heterosexual characters. ▪ Would like to see varied race/ethnicities and orientations in video and guide.
Teacher-Friendly - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	3.1	<ul style="list-style-type: none"> ▪ Relies on students and their participation, which might not be successful. ▪ Guide should give more instructions.
Facilitation Skills Required - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> ▪ Recommend a facilitator with strong content knowledge and group facilitation skills. ▪ The content in the video and guide lacked depth.
Presentation Quality – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.)?	2.5	<ul style="list-style-type: none"> ▪ Video seemed out of date (e.g. apparel, music, graphics) ▪ Acting was “cheesy” and unnatural.
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly -0 ▪ Recommend –12 ▪ Reject – 3