

## Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – September 2008

### Health Smart High School: HIV, STD & Pregnancy Prevention (2008)

**Format:** Curriculum  
**Target Audience:** Stated audience: High School  
Recommended by panel: 7-12 Grade  
**Cost:** \$54.95

**Distributor:** ETR & Associates

4 Carbonero Way, Scott Valley, CA 95066 • 831-438-4060 • [www.etr.org](http://www.etr.org)

---

The Minnesota Sexuality Education Resource Review Panel **Recommends** use of this curriculum for the following reasons and with the following reservations:

#### Review Summary:

The **Health Smart High School: HIV, STD & Pregnancy Prevention** is a four lesson curriculum that builds upon earlier Health Smart curriculums on personal and family health and sexual health. It teaches the key elements of healthy relationships, reducing the risk of pregnancy and sexually transmitted infections, and condom negotiation. The main objective of Health Smart is to teach students to learn to think, choose, and act to keep themselves sexually healthy.

The panel **recommends** the **Health Smart High School: HIV, STD & Pregnancy Prevention** for the following reasons:

- Information was accurate and resources were stated
- Very user friendly with easy instructions and clear objectives

The panel has concerns about the following elements of **Health Smart High School: HIV, STD & Pregnancy Prevention**:

- Graphics and content need to be updated
- GLBT student and adolescent parents may feel uncomfortable or underrepresented

Overall, the panel **recommends** the **Health Smart High School: HIV, STD & Pregnancy Prevention** for use as a sexuality education resource.

---

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	3.8	
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.5	<u>This resource focused on:</u> HIV/STI, Pregnancy & Relationships
Does the material guide participant or learner to acquire new skills?	4.2	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none"><li>• Problem solving/Conflict resolution</li><li>• Decision making</li><li>• Goal setting</li><li>• Respect</li><li>• Health self-management</li><li>• Assertiveness</li></ul>

Does this resource address multiple factors affecting sexual behaviors	4.1	<p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u></p> <ul style="list-style-type: none"> <li>• Knowledge, including knowledge of sexual issues, HIV, other STI and pregnancy (including methods of prevention)</li> <li>• Personal values about sex and abstinence</li> <li>• Attitude towards condoms (including perceived barriers to their use)</li> <li>• Communication with parents or other adults about sex, condoms or contraception</li> </ul>
Create a safe social environment for youth to participate	3.7	<ul style="list-style-type: none"> <li>• Pregnant and parenting teens could feel excluded.</li> </ul>
Employs instructionally sound teaching methods and activities that engage learners	4.3	<p><u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> <li>• Short lectures</li> <li>• Class discussions</li> <li>• Small group work</li> <li>• Role plays</li> <li>• Student centered activities</li> <li>• Problems-solving activities</li> <li>• Worksheets</li> <li>• Homework assignments to talk with partner or other adults</li> </ul>
Target audience	7 – 9 grades 10 – 12 grades	<p><u>The panel feels that the following people group and/or demographic area were considered in this resource:</u></p> <ul style="list-style-type: none"> <li>• Race/Ethnicity</li> <li>• GLBTQ</li> <li>• Rural</li> <li>• Urban</li> <li>• Suburban</li> </ul>
Cultural & developmentally appropriate	3.5	
Organization of resource	4.4	<p><u>The panel find that the resource:</u></p> <ul style="list-style-type: none"> <li>• Covers topics in a logical sequence</li> <li>• Is well organized with clear, thorough instructions</li> <li>• Minimal assembly or preparation time required</li> </ul>
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> <li>• Requires leader with moderate content knowledge and group skills</li> </ul>
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	3.8	<ul style="list-style-type: none"> <li>• Resource is teacher friendly and provides easy instructions.</li> <li>• Graphics are outdated</li> </ul>
<b>Overall Recommendation</b>		<ul style="list-style-type: none"> <li>▪ <b>Recommend Highly - 4</b></li> <li>▪ <b>Recommend - 13</b></li> <li>▪ <b>Recommend with Reservations - 2</b></li> <li>▪ <b>Reject - 0</b></li> </ul>

Review Summary of *Health Smart High School: HIV, STD & Pregnancy Prevention* (2008)