

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – September 2009

¡Cuidate! Facilitator Curriculum (2009)

A culturally-based program to reduce HIV sexual risk behavior among Latino youth

Format: Curriculum

Target Audience: Stated audience: Latino Adolescents Grade 8 - 11

Recommended by panel: Grades 7-12

Cost: \$165 (excludes Implementation Manual and Training of Facilitators Manual)

Distributor: Select Media, Inc.

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The Minnesota Sexuality Education Resource Review Panel **Highly Recommends** use of this curricula for the following reasons and with the following reservations:

Review Summary:

The *¡Cuidate! Facilitator Curriculum* is one component of the *¡Cuidate!* program available through Select Media. Other program resources are: Implementation Manual, Training of Facilitator Manual and coming soon a set of Student Workbooks, each available for an additional cost. The word ¡Cuidate! means “take care of yourself,” which is the theme of this culturally-based program designed to reduce HIV sexual risk among Latino youth. This program is an adaptation of the Be Proud! Be Responsible! program. The *¡Cuidate!* program is divided into six one-hour modules.

The panel **Highly Recommends** the *¡Cuidate! Facilitator Curriculum* for the following reasons:

- Curriculum uses culture and cultural pride to build group cohesion and create a safe space.
- Curriculum is well laid out. Provides information and structure for facilitators who may not have a lot of experience.
- Cultural aspect of curriculum is engaging.

The panel has concerns about the following elements of *¡Cuidate! Facilitator Curriculum*:

- Limited discussion about GLBTQ and only one role-play included in resource.
- Has a strong cultural voice that permeates the whole curriculum but does (intentionally or not) reinforce stereotypes.
- Facilitator should be immersed in Latino culture and/or be from the culture.

Overall, the panel **Highly Recommends** the *¡Cuidate! Facilitator Curriculum* for use as a sexuality education resource. The panel did not review the *¡Cuidate!* Video; this review only reflects their review of the *¡Cuidate! Facilitator Curriculum*.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	4.4	
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.4	<u>This resource focuses on:</u> HIV/STI

Does the material guide participant or learner to acquire new skills?	4.3	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> problem solving/conflict resolution; decision making; respect and assertiveness
Does this resource address multiple factors affecting sexual behaviors	4.4	<u>According to the panel, this resource addresses the following factor(s) that affect sexual behavior(s):</u> <ul style="list-style-type: none"> • Knowledge, including knowledge of sexual issues, HIV, other STI and pregnancy (including methods of prevention) • Perception of HIV risk • Personal values about sex and abstinence • Attitude towards condoms (including perceived barriers to their use) • Perception of peer norms about sex and perception of peer sexual behavior • Self-efficacy to refuse sex and to use condoms • Intention to abstain from sex or to restrict frequency of sex or number of sexual partners • Self-efficacy to avoid STI/HIV risk and risk behaviors • Intention to use a condom
Create a safe social environment for youth to participate	4.3	<ul style="list-style-type: none"> • Culturally specific focus of resource assists in creating a safe environment • Uses the talking circle
Employs instructionally sound teaching methods and activities that engage learners	4.3	<u>The panel recognizes the following elements are present in this resource as a way to engage learners:</u> short lectures; class discussions; small group work; role plays; competitive games; student centered activities, forced-choice activities; surveys of attitudes and intentions; worksheets and condom demonstrations
Target audience	7 – 9 grades 10 – 12 grades	<u>The panel feels the following people group and/or demographic area were considered in this resource:</u> <ul style="list-style-type: none"> • Race/Ethnicity: Latino • Urban • Suburban
Culturally and developmentally appropriate	4.6	
Organization of resource	4.3	<u>The panel finds the resource:</u> <ul style="list-style-type: none"> • Covers topics in a logical sequence • Is well organized with clear, thorough instructions for discussion guide • Minimal assembly or preparation time required
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> • Requires leader with moderate content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	4.0	
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 7 ▪ Recommend - 3 ▪ Recommend with Reservations - 0 ▪ Reject – 0