

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: November 2007

Avoiding the Teen Pregnancy Trap (2007)

DVD/VHS (18 minutes)

Target Audience: Stated Audience: Grades 7th – College
Recommended by Panel: 7th – 10th Grade

Cost: \$139.95 plus shipping

Distributor: Human Relations Media

41 Kensico Drive, Mount Kisco, NY 10549 • 800.431.2050 • www.hrmvideo.com

The Minnesota Sexuality Education Resource Review Panel **Does Not Recommend** use of this video for the following reasons and with the following reservations:

Review Summary:

The video *Avoiding the Teen Pregnancy Trap* focuses on the risks of teenage pregnancy. “A young mother describes how becoming pregnant changed her life and forced her to defer her dreams of college and a career. A teen father discusses how fatherhood changed his life and stresses that sexually active males must share the responsibility for preventing pregnancies. An abstinent teen shares her reasons for her choice.” Includes information on abstinence and contraception. Cost includes Video, Teacher's Resource Book, Student Handouts and Pre- and Post-Tests

The panel **does not recommend** the video *Avoiding the Teen Pregnancy Trap* for the following reasons:

- There was not a clear and consistent message.
- Although common pregnancy myths were corrected, much of the information was outdated and based on opinion not facts.
- The guide was not useful or engaging. No communication skill building or modeling in guide or video.
- The Caitlin scenario contained misinformation and negative messages.

The panel recognizes the following positive aspects of the video *Avoiding the Teen Pregnancy Trap*:

- Creates a starting point to discuss comprehensive sex education (only provided a passing mention of condoms and birth control.)
- Some of the scenarios were good.
- Format is easy to use and some of the activities were creative.

Overall, the panel **does not recommend** the video *Avoiding the Teen Pregnancy Trap* for the intended audience. In addition to the above comments, the panel felt the material was not appropriate for older teens or college students. Some panel members stated that they would recommend the video for a younger audience if outdated information was revised, Caitlin scenario was deleted and a skilled facilitator was used to lead engaging follow-up activities and discussion.

Avoiding the Teen Pregnancy Trap (2007)

Assessment Criteria	Mean Score	Comments
Accuracy of Information - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc.	3	<ul style="list-style-type: none"> ▪ Included some outdated facts. ▪ Common pregnancy myths were corrected. ▪ There was some mention of condoms and contraceptive use but they didn't take it very far.
Focus - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc.	2.6	<ul style="list-style-type: none"> ▪ Video lacks focus, not factual – included a lot of opinions. ▪ Creates good starting point for conversation.
Messages - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways.	1.8	<ul style="list-style-type: none"> ▪ Confusing and unclear message.
Addresses Social Pressures –Video demonstrates social pressures that influence sexual behavior.	2	<ul style="list-style-type: none"> ▪ Very vague and not in great depth.
Guide includes activities that address social pressures that influence sexual behavior.	2	<ul style="list-style-type: none"> ▪ Can't talk about sex skit/commercial – was funny, clear and good
Communication Skills – Video provides examples of being assertive, using negotiation and refusal skills, making decisions, etc.	1.6	<ul style="list-style-type: none"> ▪ Guide is not useful. It is out of date, certainly not appropriate for college. ▪ No modeling
Guide includes activities to practice assertive skills, negotiation and refusal skills, decision-making skills, etc.	1.2	<ul style="list-style-type: none"> ▪ No communication activities
Teaching Methods - Engages participants and helps them personalize information	1.5	<ul style="list-style-type: none"> ▪ Nothing included for the audience to help them relate personally.
Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.)	1.2	<ul style="list-style-type: none"> ▪ Not appropriate for older teens, certainly no college students. ▪ Recommend for 7-10 graders
Multicultural Perspective – This resource is most appropriate for the following audiences.		<ul style="list-style-type: none"> ▪ No discussion of GLBT populations. ▪ A heavy focus on marriage.
Teacher-Friendly - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	2.8	<ul style="list-style-type: none"> ▪ Easy to use and easy lessons, but lacking content. Lessons are busy work.
Facilitation Skills Required - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> ▪ Good facilitator needs to be prepared to go further in depth with other birth control methods and expanding on topics of interest to students.
Presentation Quality – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.)?	3.3	<ul style="list-style-type: none"> ▪ Video presentation would be more appealing if Caitlin scenario was removed.
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 0 ▪ Recommend – 3 ▪ Reject - 9